



At His Feet

Adapted from "Surge" series by Rusty Posey

Life can feel like you are riding the wave of blessing then you are in a calm, lull experience of no blessings. There are times in the life of a believer when you get out of your routine. The result is your relationship with God slumps. When this happens, your church attendance gets sporadic. Your devotional life decreases. Perhaps, you allow other things to keep them from being all you can be for God.

You can experience a surge in our personal walk with Christ. You can have a fruitful time with God. It is possible for you to ride the wave of the blessings of God in your life because you are becoming more like Him every day. You have to choose to position yourself in a place where you can experience a season of upward movement in your life. This upward spiritual movement is caused in your life as you spend time with Jesus.

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COURAGE

C1: Describe a time in your life when you were riding high and then you hit a lull in your life. How did you get back on track?

C2: What do you think of when you hear the word **surge**? Why do you think a surge is needed in most of our lives spiritually, relationally, emotionally, and physically?

C-3: Read and answer the following.

Luke 10:38–42 (ESV) Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

- What are two things you glean from these scriptures?

STRENGTH

S1: Read and answer the following.

Luke 10:38 (ESV)

- What happened in this verse with Jesus?
- Read this verse in three different translations. What do you glean?
- How do you welcome guests into your home? How well do you when you welcome Jesus into your home?

S2: Zacchaeus had heard about Jesus. He tried to get a glimpse of Jesus, but he was too short. So, he ran ahead and climbed a tree. Read and answer the following.

Luke 19:5-6 (ESV)

- What do you glean from these scriptures?
- How do these scriptures relate to **Luke 10:38 (ESV)**?
- On a scale of 1-4, with 1 being very well and 4 being not very well, rate yourself on how well you **know** Jesus. Write out a plan to improve.

S3: Jesus came into Martha's house. Martha welcomed him in. Jesus found a place to sit and began to teach. Those in the room began to soak up his teachings. Read and answer the following.

Luke 10:39-40 (ESV)

- What do you glean from these verses?
- Describe a time in your life when you have been so busy and distracted that you missed out on something important.
- Do you find yourself getting distracted from spiritual things? How so?

Mark 4:18-19 (ESV)

- How do these verses relate to **Luke 10:39-40 (ESV)**?
- In the next thirty days, make a list of things (good and not so good) that have caused you to become distracted from spending time with Jesus. Write out a plan to improve.

ENDURANCE

E1: Read and answer the following.

Luke 10: 39-42 (ESV)

- What do you glean from these scriptures?
- On a scale of 1-4, with 1 being very well and 4 being not very well, rate yourself on how well you keep your focus on the main thing that matters. Write out a plan to improve.

E2: Wayne Cordiero, in his book *The Divine Mentor*, writes, “We can all criticize poor Martha for becoming flustered in the kitchen while her sister sat listening in the living room. But how are we any different? We are both Martha and Mary. There will always be demands vying for our time. There will always be brush fires to douse. Yet inside us there will always be a yearning for time to sit at His feet.”¹

- What do you glean from the quote from Wayne Cordiero?
- What does it mean to you to **yearn**?
- Describe your **yearning** for God.

¹ Wayne Cordeiro, *The Divine Mentor: Growing Your Faith as You Sit at the Feet of the Savior*, (Bloomington, MN: Bethany House Publishers, 2008) 254-256.



E3: In the next thirty days, meet with three men to discuss ways to spend time at the feet of Jesus. Create a three-phase plan (January – May; June – August; September – December) to spend time at the feet of Jesus. Make sure you include an accountability piece to your plan.