



Unlikely Heroes

Adapted from “Giant” series by Rod Loy.

A man captured footage of an amazing rescue Saturday afternoon after tornadoes pounded Texas and left a father, toddler and infant stuck in a vehicle surrounded by fast-moving water, WFAA reports. After tornadoes hit over the weekend, Tom Mitchell wanted to do something to help. Not knowing what to do, Mitchell jumped into his vehicle and began searching. That’s when he discovered an overturned truck with several people stuck inside.

Knowing he wasn’t strong enough to assist, Mitchell pulled out his phone and began filming the rescue. At the scene, around five or six people were in the water, trying to pry open doors and windows — doing anything they could to free the family. After a while, a man was able to free baby, who was then limp.

That’s when Mitchell put his phone up and began attempting CPR. “This baby is gonna die if we don’t start CPR fast,” he told WFAA. “Having a negative feeling coming over me. This baby may not make it, this baby may not make it. No reaction, nothing is happening.” While Mitchell performed CPR, a woman began praying over him. “Dear Jesus, please let this baby breathe.” she prayed. “Dear Jesus, please let this baby breathe. Well, the first prayer she said I felt a response in that child.” Thankfully, the group was able to resuscitate the baby and toddler. A local hospital said Sunday that the toddler is doing much better and is in stable condition.¹

Our world needs men who are heroes in the face of giants. It does not matter the giant you are facing. Whatever the giant is in your life, God has a plan for victory. It is time for men to stand up to their giant.

¹ Web Staff, “‘Dear Jesus, please let this baby breathe:’ Man rescues infant stuck in vehicle after tornadoes,” *Fox8*, May 1, 2017, www.myfox8.com (accessed July 6, 2017).

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COURAGE

C1: What is the one issue, habit, or fear keeping you from being and doing everything God wants you to be and do? What is your giant? What does it look like?

C2: How long have you been battling your issue, habit, or fear? What has been your plan to combat your giant over the years?

C3: What is keeping you from destroying the giant in your life? What stands between you and victory? Why are you still tolerating your giant?

STRENGTH

S1: Your goal should be to confront and overcome the biggest challenge in your life.

- For five days, Read **1 Samuel 17:1-54 (ESV)**
- What are some things you can glean from this story about giants?

S2: Goliath issued his challenge for forty days in a row. He intimidated King Saul and his entire army. No one was willing to fight. Read and answer the following.

1 Samuel 17:17–19 (ESV)

- From these verses, what can you learn about fighting giants?
- What age is the right age to kill a giant? What is the right age to deliver a nation?

S3: You may not feel qualified to kill your giant, but God uses unlikely heroes. What do you think qualifies you to be a giant killer?

ENDURANCE

E1: Have you ever tried to convince someone who wasn't willing to fight that they were qualified to fight? Tell what happened.

E2: The Israelites were a powerless army paralyzed by fear. Read and answer the following.

1 Samuel 17:20–21 (ESV)

- From these verses, what can you glean about fighting giants?
- The same thing happened every day for forty days. How low do you think the self-esteem of the Israelites was?
- How powerless do you think the Israelites felt?

E3: The reason your giant seems intimidating and impossible to overcome is because you have been facing it way too long. Read and answer the following.

1 Samuel 17:22–26 (ESV)

- From these verses, what can you glean about fighting giants?

- Take 30 minutes a day to think about the following.
 - What is your giant costing you in:
 - Money

 - Trust

 - Relationship with people

 - Relationship with God

- How much is unforgiveness and bitterness costing you?